# **Methyltestosterone**

# **Medication:**

This compounded prescription contains methyltestosterone.

#### **Uses:**

Methyltestosterone is used to treat male hypogonadism, delayed puberty, impotence and treatment of metastatic breast cancer in females. Symptoms associated with testosterone deficiency include: low libido, dry skin, dry hair, fatigue and depression.

### **Directions:**

For Cream:

Remove cap from tip of syringe. Gently push on plunger to dispense 1 ml of cream onto fingertip. (The syringe is marked so that the distance between each number represents 1 ml. Press on plunger to move the black line on plunger from 10 to 9 = 1 ml, etc.) Rub the cream in thoroughly onto the labia and genital area. Apply the cream as directed by your physician or per the protocol below. Wash hands thoroughly after applying the cream.

Apply 1 ml of cream to smooth skinned areas such as the inner arms, inner thighs, stomach or genital area nightly for 21 days. If your libido (sex drive) is sufficiently increased by day 21, decrease the number of nights you apply the cream to whatever is necessary to maintain the desired effect. Every individual is unique, some will need to use the cream nightly while others many only need 2 or 3 doses a week. Adjust the dose to meet your needs. If after 21 days of usage you do not notice any change in libido, continue to use the cream daily. If no change is noticed after 30 days, please notify us. We will contact your physician and request a change in dosage.

For capsules, take as directed by physician.

#### **Side Effects:**

When given at physiologic doses, no side effects should occur. If excess methyltestosterone is used, symptoms may include: oily skin, acne. You should discontinue therapy and notify your physician if these occur. Hair growth and depending of the voice can occur with prolonged, excessive use. Discontinue usage if rash or skin irritation occurs.

#### **Precautions:**

If you suspect that you may become pregnant or are breast-feeding, consult your physician. Use in caution in patients with liver, kidney, or heart disease.

# **Storage:**

This medication should be stored out of reach of children, at controlled room temperature, protected from light and high humidity.