

Alpha-Lipoic Acid

Medication:

This medication contains alpha-lipoic acid in a skin penetrating base.

Uses:

Lipoic acid is one of the most potent known antioxidants found in the human body. It is known as the “universal” antioxidant. It also is involved in important energy producing metabolic reactions. Lipoic acid has been used to treat diabetic neuropathy, ophthalmic conditions (i.e. cataracts, glaucoma), improve the use of glucose, and hinder virus replication.

Directions:

Take this medication as directed by your doctor.

Side Effects:

Although side effects for this medication are rare, hypoglycemia (low blood sugar) can occur. If a skin rash occurs, contact your doctor or pharmacist.

Precautions:

Tell your doctor if you are predisposed to hypoglycemia (low blood sugar), such as diabetes. Also tell your doctor if you are taking any diabetic medications and/or glucose reducing medications.

Missed Dose:

It is important to take each dose as directed. If you miss a dose, take next dose as soon as possible. If almost time for the next dose, skip the missed dose and return to your regular schedule. Do not take a double dose or extra doses to catch up.

Storage:

Store at controlled room temperature. Keep away from moisture (i.e. bathroom or kitchen). Keep out of reach of children.